**NCAA Fact Sheet &**

**Core Course Requirements**

1. If you want to play Division I or Division II sports you need to take and pass a certain amount of core courses (16 credits) which include: language arts, math, social studies, science, and foreign language. In addition, 10 of the 16 core courses must be completed by the end of the athlete’s junior year. Division III sports and junior college sports programs set their own eligibility determination. If you are looking at Division III colleges, contact each specific college/university for eligibility requirements.
2. Any credit you earn from a source not recognized by the NCAA is reviewed on a case-by-case basis, so taking classes outside of an accredited institution or non-approved NCAA classes, is a gamble. Always check with your counselor before signing up for independent classes.
3. When NCAA representatives look at you for scholarships they not only look at your athletic ability and potential but also look at your GPA and ACT/SAT scores using a “sliding” scale. This means, for example, if your GPA is a 2.3, the college/university will want to see a higher ACT/SAT score. If, on the other hand, your GPA is very high, the college/university is more likely to accept a lower ACT/SAT score. In short, a college or university will look at your athletic ability as well as evaluate you on your test scores, GPA, and meeting the 16 core credits. ***Colleges want high athletic ability, high GPA, high ACT/SAT score, and a high level of character in its student athletes***.
4. Register online at [www.eligibilitycenter.org](http://www.eligibilitycenter.org). Colleges will want your test scores and your final transcript. If you are looking for those scores, please go to the transcript office located in the counseling center.
5. **The NCAA does not accept “A level”, IEP, or Special Education classes as core credits.**
6. Alta High’s school code is: 450-402
7. For answers to NCAA Eligibility questions contact: 877-262-1492 (toll free)

Alta Counseling Department

(801) 826-5620

[www.ahs.canyonsdistrict.org](http://www.ahs.canyonsdistrict.org)

**NCAA Website:** [**www.eligibilitycenter.org**](http://www.eligibilitycenter.org)

**NCAA Eligibility Center Core Course Credits**

***Alta High School Code: 450-402 Division I & Division 2: 16 or more core, 10 of which must be completed by junior year.***

|  |  |  |  |
| --- | --- | --- | --- |
| **English** | **Mathematics** | **Social Science** | |
| Creative Writing | Calculus AP/AP, BC/AP | American Govt/Poli AP | |
| English 1010 | College Prep | American History AP | |
| Humanities 1100 | Math 1010 | European History AP | |
| English Language Arts 9 | Math 1050 College Alg | Geography for Life | |
| English Language Arts 9H | Math 1040 Statistics | Human Geography AP | |
| English Language Arts 10 | Math 1060 Trigonometry | Intro to Philosophy | |
| English Language Arts 10H | Pre-Calculus | Psychology 1 | |
| English Language Arts 11 | Secondary I, II, III | Psychology 2 | |
| English Language Arts 11H | Secondary IH, IIH | Psychology AP | |
| English Language Arts 12 | Secondary I/IIH Adv | Sociology 1 | |
| English Lang Arts 12H CP | Secondary II/IIIH Adv | US Govt/Citizenship | |
| Language & Comp AP | Statistics AP | US History | |
|  |  | World History AP | |
|  |  |  | |
|  |  |  | |
| **Natural/Physical Science** | **Foreign Language** |  | |
| Astronomy | Chinese 1, 2, 3 |  | |
| Biology | French 1, 2, 3, 4 |  | |
| Biology AP | French 2H, 3H |  | |
| Botany | French AP |  | |
| Chemistry | French 1010/1020 |  | |
| Chemistry H | German 1, 2, 3, 4 |  | |
| Chemistry AP | German AP |  | |
| Medical Anat/Physiology | Spanish 1, 2, 3, 4 |  | |
| Physics | Spanish 3H |  | |
| Physics H | Spanish AP |  | |
| Physics AP |  |  | |
| Physics with Technology |  |  | |
| Wildlife Biology |  | |  |
| Environmental Science |  | |  |

**Alta’s NCAA Counselor Representative:** Callie Bjerregaard, (801) 826-5623 or [callie.bjerregaard@canyonsdistrict.org](mailto:callie.bjerregard@canyonsdistrict.org)

All credit and credit sources must be verified by NCAA Eligibility Center

[**www.eligibilitycenter.org**](http://www.eligibilitycenter.org)

**Alta Core Course Tracking Sheet**

**NCAA Eligibility**

**Division I & II 16 Core Course Rule**

**16 Core Courses:**

4 years English Language Arts

3 years Mathematics (Secondary I or higher)

2 years Natural/Physical Science (1 year of lab if offered by high school)

1 year Additional Language Arts, Mathematics, or Natural/Physical Science

2 years Social Science

4 years Additional courses (from any area above, foreign language, or non-doctrinal religion/philosophy)

Please make sure that you have picked enough classes that are on the approved core list. Classes must be taken between 9th and 12th grades. The student athlete must have a minimum 2.3 GPA in their core classes.

|  |  |  |
| --- | --- | --- |
| **English Language Arts (4 Classes)** | **Grades** | **Year** |
| 1. |  |  |
| 2. |  |  |
| 3. |  |  |
| 4. |  |  |

|  |  |  |
| --- | --- | --- |
| **Mathematics (3 Classes)** | **Grades** | **Year** |
| 1. |  |  |
| 2. |  |  |
| 3. |  |  |

|  |  |  |
| --- | --- | --- |
| **Social Science (2 Classes)** | **Grades** | **Year** |
| 1. |  |  |
| 2. |  |  |

|  |  |  |
| --- | --- | --- |
| **Natural/Physical Science (2 Classes, incl. 1 lab science)** | **Grades** | **Year** |
| 1. |  |  |
| 2. |  |  |

|  |  |  |
| --- | --- | --- |
| **Additional Eng, math, or sci (1 Class)** | **Grades** | **Year** |
| 1. |  |  |

|  |  |  |
| --- | --- | --- |
| **Additional from any above (4 Classes)** | **Grades** | **Year** |
| 1. |  |  |
| 2. |  |  |
| 3. |  |  |
| 4. |  |  |